World Beat Fitness Centre in Budaiya will have an Open Day on Wednesday, January 21 from 8.30am to noon and from 4pm to 8pm. Various fitness programmes including nia, yoga, BOSU, pilates, belly dancing, modern jazz and children's classes will run throughout the day. Entry is free for all. For details contact 17612576 or visit www.worldbeatfitness.com.

Artist Demi McLeod will be hosting her exhibition 'ephemeral space' at the Gulf Hotel's Palace Lounge from January 29 until February 7.

Demi McLeod was trained at the Royal College, London and now lives in Bahrain. Working as a gallery

Dates for your Diary



owner and curator in Australia, she has been intimately influenced by the art world. This is reflected in her upcoming exhibition.

For details contact 36425701,

0061404090789 (Australia), email demi.mcleod@hotmail.com or log on to www.demimcleod.com.

Kiko Motos, the golden voice of the Gypsy Kings, will be performing live in concert this New Year's Eve at the Gulf Convention Centre at Gulf Hotel, Adliya. The cocktail reception will be held from 7.30pm to 8.30pm, dinner starts at 8.30 pm and the show begins at 10.30 pm for two hours. The evening will also feature a DJ from 12.30am onwards. Entry is BD100++ for VIP including eight beverage vouchers, BD60++ for regular tickets and BD50++ for prestige club members. For details contact 17713000.